

## Terms & Conditions

Please read through the terms and conditions carefully and sign at the bottom to confirm your agreement.

This TT will offer you so much in the way of personal development and in becoming a yoga teacher but please make sure you are serious about your commitment.

The physical and mental demands placed on you should not be underestimated. We ask that you seriously evaluate your levels of physical, psychological and spiritual maturity before enrolling.

Please read the following statements. By checking the signature box on the application form, an applicant signifies that he or she has read, understood, and agreed to accept the terms set forth.

- The TT is structured with the best intentions toward helping me become a successful Yoga teacher, and extensive consideration has been put into the schedule and methodology presented. I commit to do my best to participate according to the course structure. If I have specific personal needs, Yogic or otherwise, I will discuss them with a TT administrator.
- By virtue of being an intensive program, the TT may raise personal issues or shortcomings. The program is meant to encourage personal growth and, therefore, may impel considerable changes in attitude. For these reasons, the TT can be challenging and demanding. I accept responsibility for all aspects of my behaviour during this program.
- Adherence to punctuality is one of the primary factors in the success of the TT. I accept responsibility for being on time to all sessions.
- There will be many opportunities for practice, study, and other activities at the school. I accept responsibility for managing my time, diet, and personal relationships in ways which support my full participation and attendance in the TT.
- Students come from a variety of countries and backgrounds. In order to create a supportive environment, I assume responsibility for maintaining an attitude of respect toward my colleagues in the course. If any interpersonal difficulties or conflicts arise, I pledge to seek the advice of the TT teachers and administrators.
- The TT offers spiritual teachings, I agree to keep an open mind, and to exercise common sense, discernment, and a balanced attitude in order to fully appreciate the teachings offered.

I indicate the printing of my name below as verification of the statement above.

Print Full First Name / Family Name

Date dd/mm/yyyy

Once you have filled your name in please return a copy to [teachertraining@ekhartyoga.com](mailto:teachertraining@ekhartyoga.com)